

Footwear in the Community



There are a number of local stores that offer recommended footwear. If you are not sure where to start, here are a few ideas. Please visit retailer websites for additional locations.

Retailer	Type of Footwear	Assist with foot measurements?	Website	Locations
Atmosphere	Hikers, boots, sport sandals	No	atmosphere.ca	10205 101 Street, 780-426-7801 8882 170 Street, 780-444-2019 1512 99 Street, 780-426-7801
Campers Village	Runners, hikers, and boots	Unknown	campers-village.com	10951 170 Street, 780-484-2700 3235 Calgary Trail, 780-479-2267
Custom Orthopedic	Runners, hikers, dress shoes, sport sandals, boots, etc.	Yes	customorthopedic.ca	10536 102 Ave, 780-426-3338
Health Care Solutions	Offloading shoes (wound management and prevention), walking shoes	No	healthcaresolutions.ca	9499 137 Ave, 780-406-3500 5920 Gateway Boulevard, 780-434-3131
Mountain Equipment Co-op	Runners, hikers, water shoes, boots and sandals	Unknown	mec.ca	11904 104 Ave, 780-488-6614 1624 99 Street, 780-433-0293
Running Room	Runners	Yes	runningroom.com	7 locations in Greater Edmonton Area
Sole Experience	Runners, hikers, dress shoes, sandals, boots, etc.	Yes	soleexperience.com (website under construction)	10805 82 Avenue, 780-437-7604
Sport Check	Runners, water shoes, boots and sport sandals	No	sportchek.ca	9 locations in Greater Edmonton
Walmart	Runners, water shoes	No	walmart.ca	14 locations in Greater Edmonton

The size of footwear you need may vary, depending on the brand. Be sure to try on all footwear regardless of brand and size

Tips when trying on new footwear

- Wear the type of socks that you will be wearing with your new footwear
- Footwear should be ½ an inch longer than the longest toe
- You should be able to wiggle your toes without difficulty
- Ensure footwear is not too big, as this may cause callusing, and blisters
- Walk around the store for 10-15 minutes with footwear on, and do the types of activities that you normally do (e.g. walking, jumping, tip toes for ladders)
- Bring any walking aids with you to the store (e.g. cane/walker)